

## ABOUT THE INSTRUCTORS

Instructors, Ed Topar and Gail Cassidy, started their careers as public school teachers. After leaving the teaching profession, they both worked for IBM where they received the best business training available at the time. Their training was based on the right combination of classroom theory, practical applications and successful experiences. This training enabled them to move successfully through their business careers in a variety of positions. Upon retirement, they both went back to their true passion--teaching.

Ed started out in sales at IBM but quickly climbed the corporate ladder, moving through a series of staff and managerial positions where training was a constant ingredient in the process. Later, as National Sales Manager of two large corporations, it became even more apparent to Ed that the benefits associated with quality training were key success factors for him and his employees.

Gail Cassidy has had extensive training and program development experience in the corporate and non-profit sectors. After her IBM jobs as instructor, manager, then writer, Gail became the manager of instruction for an international training company, where she developed seminars and workshops as well as trained new instructors and clients.

Gail's second passion is writing. She has written *Discover Your Passion, The Validating Teacher, The Validating Mentor, You Cannot NOT Communicate, and One Talk Fits All* plus Tips booklets for various groups, and an entire Seminar Series.

Both Gail and Ed have been active internationally by volunteering their considerable teaching expertise in support of in-service training programs for teachers and administrators in Lithuania each summer.



# RETIRED - NEXT PHASE

## ADDITIONAL PROGRAMS:

- *Kids Mentoring Kids*
- *Anti-Bullying Program*
- *Ethics/Leadership Skills*
- *Discover Your Passion*
- *Attitude, Nonverbal Communication Skills*
- *Time Management/Stress*
- *Building Productive Teams*
- *Presentation Skills*

**Earn Money  
Doing What  
You Love!**

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**Happiness is doing what you love to do,  
because then you make a difference in the world.**

The Retired-Next Phase Program guides you through the process of self analysis in order to find your passion and experience the life you are meant to live. External and internal tools provide invaluable assistance on your exciting journey. Finding your business or career and learning basic marketing principles enable you to get started immediately.

Helpful resources in the form of success teams and coaches keep you on your path to earn money doing what you love. Job search preparation and interviewing skills are covered for those aiming to fulfill their passion through work in the corporate sector. The last section covers the training of your most valuable asset - your mind. This section is transferrable to every aspect of your life.

Choose the process that fits into your life and notice how the Law of Attraction is activated, bringing into your life exactly what you need and desire.

Living your passion changes you and also the world.

**Start now and begin  
profiting from your passion!**



**In addition to Finding Your Passion, the Programs listed Below Are Also Available If Offering Training in Schools or Your Community is Something You Desire To Do**

#### **KIDS MENTORING KIDS**

Many of today's youth find themselves in "survival" mode with a weak support network, few skills, and no hope. Their situation makes dropping out of school and joining a gang very attractive. The goal is to provide the necessary support network, skills, and hope in order to keep students happily in school. What more effective way to enable students to feel as if they belong than by pairing them with a trained upper-grade mentor!

#### **ANTI-BULLYING PROGRAM**

Teaching elementary and middle school students how to react to bullying situations is the primary goal of this program. Specific actions for both the ByStander and the Victim/Target, help students successfully complete our original Board Game designed to place participants in a variety of potential-bullying situations, giving them choices, and emphasizing their best options.

#### **ETHICS/LEADERSHIP SKILLS**

Some would say that Ethics is a subject primarily dominated by philosophers and clergy and Leadership Skills the purview of business leaders and politicians. However, in this course content we show how the two are totally intertwined and dependent upon each other for success in whatever career choice an individual may decide.

#### **BUILDING PRODUCTIVE TEAMS**

The emphasis in this course is on the skills associated with coaching a team to its potential rather than attempting to manage it to potentially unrealistic and unrelated goals. An analysis of the values associated with performance planning, appraisals, training, delegation and mentoring will be critical elements discussed as they relate to the development of a productive team.

#### **DISCOVER YOUR PASSION**

This program enables students to begin the journey of self-discovery, a journey that will enable them to look into their past, analyze the present, and project into the future in order to lead them to their passion. "Do what you love and you will never have to work a day in your life" is a worthy, significant, productive, potentially lucrative, self-fulfilling goal for every person in the world to have.

#### **ATTITUDE, NONVERBAL COMMUNICATION SKILLS**

Whether a one-hour presentation or an entire day workshop, participants get hands-on experience in the development of effective attitudes, knowledge-based communication skills as well as time-honored human relation skills. This combination of skills greatly enhances each person's effectiveness.

#### **TIME MANAGEMENT/STRESS**

The old adage "If you want to get something done, ask the busiest person you know for help" usually has more truth than fable to it. Understanding why some people seem to get more accomplished in less time and yet appear to be less affected by the stresses of deadlines, interruptions, changes and unreasonable work loads is the essence of this course and workshop.

#### **PRESENTATION SKILLS**

A basic course in understanding why some presentations are well received while others are painful to be involved with regardless of which side of the podium you are on. The practical application of best practices in developing, preparing and delivering presentations is the methodology employed here to ensure skills are developed during this course.